

**ADULT DISABILITY HOMES (ADH) MATRIX**  
(As of 1 July 2018)

Voluntary Welfare Organisation (VWO)	Centre/ Programme Name	Age Range (years)	Primary Service Group	Professional Support Available	Meals	Respite Care Availability	Contact Details
Bishan Home for the Intellectually Disabled	Bishan Home for the Intellectually Disabled	16 to 55	Intellectual Disability (IQ: below 70)	- Occupational Therapist - Registered Nurse - Enrolled Nurse - Head Trainer - Physiotherapist Aide - Nursing Aide - Health Assistant - Social Worker	Available (No pork/lard)	Not available	Address: 6 Bishan St 13, S(579798) Website: info.bishanhome.org.sg Contact Person: Ms Peggy Chia Designation: Senior Social Worker Tel no.: 6353 3515 ext. 102 Fax no.: 6353 6753 Email: peggy_chia@bishanhome.org.sg
Thong Kheng Welfare Services Society	Blue Cross Thong Kheng Home	16 to 55	Intellectual Disability (IQ: below 70)  Other Diagnosis: Other Disabilities (case-by-case)	- Maintenance Therapist - Physiotherapist (PT aides only) - Visiting Doctor - Nurse /Nurse Assistant - Healthcare Assistant - Counselling	Available (No pork/lard)	Available	Address: 201 Jurong East Ave 1, S(609791) Website: www.thongkheng.org.sg Contact Person: Steven Tan Designation: Administrator Tel no.: 6560 2022 Fax no.: 6560 2797 Email: steventan@thongkheng.org.sg
Metta Welfare Association	Metta Home for the Disabled	18 to 55	Intellectual Disability (IQ: below 70)	- Maintenance Therapist - Occupational Therapist - Nurse - Nursing Aids - Healthcare Assistant - Social Worker - Caregiver Training	Available (Vegetarian)	Available	Address: 2 Woodlands St 31, S(738580) Website: www.metta.org.sg Contact Person: Nandana Koh Designation: Covering Manager Tel no.: 6365 7666 Fax no.: 6365 7555 Email: nandana@metta.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDSVille@Napiri - Home	19 to 55	Intellectual Disability (IQ: below 70)	- Maintenance and Active Therapist - Occupational Therapist - Physiotherapist - Visiting doctor - Social Worker - Caregiver Training and Support - Counselling	Available (No pork/lard)	Available	Address: 7 Lorong Napiri S(547533) Website: www.minds.org.sg Contact Person: Koh Gee May Designation: Director - Residential Services Tel no.: 6387 7662 ext. 208 Fax no.: 6387 3357 Email: kohgeemay.mv@minds.org.sg
Singapore Red Cross Society	Red Cross Home for the Disabled - Adult Disability Home	16 to 55	Primary Diagnosis: Physical Disability (Severe)  Secondary Diagnosis: Multiple Disabilities (case-by-case)	- Maintenance and Active Therapist - Speech Therapist - Occupational Therapist - Physiotherapist - Ad-hoc Doctor - Nurse / Nurse Assistant - Healthcare Assistant - Social Worker	Available (Halal)	Available	Address: 8 Lengkok Bahru, #04-01 Family Link @ Lengkok Bahru, S(159052) Website: www.redcross.sg Contact Person: Lee Guoxing Designation: Senior Social Worker Tel no.: 6762 1029 Fax no.: 6474 1029 Email: guoxing.lee@redcross.sg
The Singapore Cheshire Home	The Singapore Cheshire Home Residential Home	16 to 55	Primary Diagnosis: Physical Disability (Mild to Moderate)  Secondary Diagnosis: Multiple Disabilities (case-by-case)	- Maintenance and Active Therapist - Occupational Therapist - Physiotherapist - Nursing Care - Social Worker - Counselling	Available (Non-halal)	Available	Address: 159 Serangoon Garden Way, S(556056) Website: www.cheshirehome.org.sg Contact Person: Rena Lee Designation: Social Worker Tel no.: 6284 0966 Fax no.: 6284 2782 Email: rena.lee@cheshirehome.org.sg
Thye Hua Kwan Moral Charities Limited (THK)	THK Home for Disabled Adults @ Chai Chee	16 to 55	Intellectual Disability (IQ: below 70)	- Occupational Therapist - Physiotherapist - Nursing Care - Counselling - Speech Therapist	Available (Halal / Non-halal)	Available	Address: 2 Chai Chee Lane, S(469030) Website: www.thkmc.org.sg Contact Person: Edwin Chua Shan Yuan Designation: Acting Assistant Superintendent Tel no.: 6441 7640 Fax no.: 6441 7641 Email: edwinchua@thkmc.org.sg
	THK Home for Disabled @ Eunos	16 to 55	Intellectual Disability (IQ: below 70)	- Maintenance Therapist - Occupational Therapist - Physiotherapist - Nurse / Nurse Assistant - Healthcare Assistant - Social Worker - Counselling	Available (Halal / Non-halal)	Available	Address: 20alan Eunos, S(419494) Website: www.thkmc.org.sg Contact Person: Eunice Tan Designation: Superintendent Tel no.: 6745 9926 Fax no.: 6744 0976 Email: eunicetan@thkmc.org.sg
	THK Home for Disabled @ Sembawang	16 to 55	Intellectual Disability (IQ: Below 70)  Other Diagnosis: Autism Spectrum Disorder Other disabilities (case-by-case)	- Occupational Therapist - Physiotherapist - Social Worker - Counselling - Nursing Care - Healthcare Assistant - Maintenance Therapy	Available (Halal / Non-halal)	Available	Address: 7 Sembawang Walk, S(756977) Website: www.thkmc.org.sg Contact Person: Lawrence Yap Yue Seng Designation: Acting Assistant Superintendent Tel no.: 6208 8128 Fax no.: 6208 8129 Email: thksemb@thkmc.org.sg

- Eligibility criteria can be found on SG Enable website.

- Services are provided based on service provider's assessment of client's needs.

- Please contact service provider directly to enquire on estimated waiting time, vacancy and fee.