

DAY ACTIVITY CENTRE (DAC) MATRIX
(As of 2 May 2019)

Voluntary Welfare Organisation (VWO)	Centre/ Programme Name	Age Range (years)	Primary Service Group	Professional Support Available	Meals	Transport Availability	Operating Hours	Contact Details
Autism Association (Singapore)	Eden Centre for Adults @ Clementi	18 and above	Autism Spectrum Disorder	<ul style="list-style-type: none"> - Social Worker - Social Service Assistance - Training Officer - Caregiver Training and Support - Counselling 	Not Available	Yes (Private Arrangement)	Mon - Fri 10:00am- 4:00pm	Address: Blk 351 Clementi Avenue 2, #01-57, S(120351) Website: www.autismlinks.org.sg Contact Person: Sarayanan s/o Mariappa Designation: Head of Centre Tel no.: 6873 0063 Fax no.: 6873 0057 Email: sarayanan@autism-association.org.sg
Autism Association (Singapore)	Eden Centre for Adults @ Hougang	18 and above	Autism Spectrum Disorder	<ul style="list-style-type: none"> - Social Worker - Social Service Assistance - Training Officer - Caregiver Training and Support - Counselling 	Not Available	Yes (Private Arrangement)	Mon - Fri 10:00am- 4:00pm	Address: Blk 426 Hougang Avenue 6, #01-52, S(530426) Website: www.autismlinks.org.sg Contact Person: Joshua Jieu Designation: Head of Centre Tel no.: 6287 4727 Fax no.: 6287 2774 Email: joshua@autism-association.org.sg
Bishan Home for the Intellectually Disabled	Bishan Home Day Activity Centre	16 and above	Intellectual Disability (IQ: below 70)	<ul style="list-style-type: none"> - DAC Administrator - Training Officer - Physiotherapist Aide - Healthcare Attendant - Social Worker 	Available (Non-Halal, No pork/lard)	Yes	Mon - Fri 9:00am - 4:00pm	Address: 6 Bishan St 13, S(579798) Website: info.bishanhome.org.sg Contact Person: Ms Peggy Chia Designation: Senior Social Worker Tel no.: 6353 3515 ext. 102 Fax no.: 6353 6753 Email: Peggy_Chia@bishanhome.org.sg
Bizlink Centre Singapore Ltd	Bizlink Day Activity Centre	16 and above	Intellectual Disability (IQ: below 70) Autism Spectrum Disorder Physical Disability Sensory Impairment (Hearing, Visual) Developmental Disorder	<ul style="list-style-type: none"> - Maintenance and Active Therapist - Occupational Therapist - Physiotherapist - Training Officer - Social Service Assistant - Caregiver Training - Counselling 	Available (Halal)	Yes	Mon - Fri 8:30am - 5:20pm	Address: Blk 512 Chai Chee Lane, #01-09 Bedok Industrial Estate, S(469028) Website: www.bizlink.org.sg Contact Person: Joseph Lee Designation: HOD Tel no.: 6449 5652 Fax no.: 6449 5694 Email: josephlee@bizlink.org.sg

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Cerebral Palsy Alliance Singapore (CPAS)	CPAS Day Activity Centre	18 and above	Primary Diagnosis: Physical Disability Multiple Disabilities	- Physiotherapist - Occupational Therapist - Speech Therapist - Nursing Care - Psychosocial assessment and linkages to resources a) Information and referral b) Financial assistance c) Casework and counselling d) Parent/caregivers support e) Link with external resources	Available (Non-Halal - no pork/ lard and nuts)	Yes	Mon - Fri 9:00am - 4:00pm	Address: 65 Pasir Ris Drive 1 S(519529) Website: www.cpas.org.sg Contact Person: Betty Tse Wai Chun Designation: Manager, Adult Services Tel no.: 6585 5643 Fax no.: 6581 1455 Email: betty@cpas.org.sg
Christian Outreach for the Handicapped (COH)	Emmanuel Activity Centre @ Tampines	16 and above	Primary Diagnosis: Intellectual Disability (IQ: below 70)	- Maintenance and Active Therapist - Physiotherapist - Social Worker - Trainer/Assistant Trainer	Available (Non-Halal)	Yes	Mon - Fri 9:00am - 5:00pm	Address: Blk 414 Tampines St 41, #01-311, S(520414) Website: http://coh.org.sg Contact Person: Pastor K. Steven Designation: Executive Director Tel no.: 6787 3200 Fax no.: 6253 5006 Email: ksteven@coh.org.sg
Christian Outreach for the Handicapped (COH)	Emmanuel Activity Centre @ Toa Payoh		Secondary Diagnosis: Other Disabilities (case-by-case)	- Caregiver Training and support group (ad-hoc) - Counselling				Address: Blk 171 Toa Payoh Lorong 1, #01-1146, Singapore 310171 / Blk 161 Toa Payoh Lorong 1 #01- 1596 Singapore 310161 Website: http://coh.org.sg Contact Person: Pastor K. Steven Designation: Executive Director Tel no.: 6787 3200 Fax no.: 6253 5006 Email: ksteven@coh.org.sg
Metta Welfare Association	Metta Day Activity Centre for the Intellectually Disabled @ Hougang	18 and above	Primary Diagnosis: Intellectual Disability (IQ: below 70)	- Occupational Therapist - Physiotherapist	Available (Vegetarian)	Yes	Mon - Fri 9:00am - 5:00pm	Address: Blk 627 Hougang Ave 8, #01-130, S(530627) Website: www.metta.org.sg Contact Person: Kookila Designation: Supervisor Tel no.: 6385 2913 Fax no.: 6385 2914 Email: kookila@metta.org.sg
Metta Welfare Association	Metta Home Day Activity Centre @ Woodlands		Secondary Diagnosis: Other Disabilities (case-by-case)	- Social Worker				Address: 2 Woodlands St 31, S(738580) Website: www.metta.org.sg Contact Person: Nandana Koh Designation: Covering Manager Tel no.: 6365 7666 Fax no.: 6365 7555 Email: nandana@metta.org.sg

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Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Ang Mo Kio Training & Development Centre	19 and above	Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Other Disabilities (case-by-case)					Address: Blk 134 Ang Mo Kio Avenue 3, #01-1677 S(560134) Website: www.minds.org.sg/ATDC Contact Person: Lin Jiayong Designation: Head Of Centre Tel no.: 6456 4174 Fax no.: 6453 2824 Email: linjiayong.atdc@minds.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Clementi Training & Development Centre		Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Other Disabilities (case-by-case)	- Maintenance and Active Therapist - Occupational Therapist - Physiotherapist - Psychologist - Social Work Services - Caregiver Training			Mon - Fri Office hours: 8:30am - 5:30pm Training hours: 9:00am - 4:30pm	Address: Blk 304 Clementi Avenue 4, #01-487, S(120304) Website: www.minds.org.sg/CTDC Contact Person: V Manichilven Joseph Designation: Head Of Centre Tel no.: 6776 8743 Fax no.: 6776 8741 Email: manijos.ctdc@minds.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Eunos Training & Development Centre		Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Other Disabilities (case-by-case)	Training Programmes: 1. ADL (Activities of Daily Living) 2. CLS (Community Living Skills) 3. Work Readiness 4. Social and Recreation		Available (No pork/lard)	Yes	Address: 11 Jalan Ubi Block 3, #01-21, S(409074) Kembangan - Chai Chee Community Hub Website: www.minds.org.sg/ETDC Contact Person: Donna Chia Designation: Head Of Centre Tel no.: 6547 8501 Fax no.: 6547 8509 Email: donnachia.etdc@minds.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Faber Training & Development Centre		Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Autism Spectrum Disorder or Other Disabilities (case-by-case)					Address: Blk 207 Clementi Avenue 6 #02-01 S(120207) Website: www.minds.org.sg/FTDC Contact Person: Shafiyah Binte Ahmad Sarwan Designation: Head Of Centre Tel no.: 6873 1564 Fax no.: 6873 1565 Email: shafiyah.ftdc@minds.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Jurong Training & Development Centres		Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Autism Spectrum Disorder or Other Disabilities (case-by-case)	- Maintenance and Active Therapist - Occupational Therapist - Physiotherapist				Address: 18 Boon Lay Way, #02-96 to 100 Tradehub@21, S(609966) Website: www.minds.org.sg/JTDC Contact Person: Sharofah Binte Ahmad Sarwan Designation: Head Of Centre Tel no.: 6252 5226 Fax no.: 6252 6652 Email: sharofah.jtdc@minds.org.sg

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Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Napiri Training & Development Centre	19 and above	Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Other Disabilities (case-by-case)	- Psychologist - Social Work Services - Caregiver Training Training Programmes: 1. Activities of Daily Living (ADL) 2. Community Living Skills (CLS) 3. Work Readiness 4. Social and Recreation	Available (No pork/lard)	Yes	Mon - Fri Office hours: 8:30am - 5:30pm Training hours: 9:00am - 4:30pm	Address: 7 Lorong Napiri, S(547533) Website: www.minds.org.sg/NTDC Contact Person: Jaslyn Quek Designation: Head Of Centre Tel no.: 6387 7662 Fax no.: 6387 3357 Email: jaslynquek.ntdc@minds.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Tampines Training & Development Centre		Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Other Disabilities (case-by-case)					Address: Blk 267 Tampines Street 21, #01-09, S(520267) Website: www.minds.org.sg/TTDC Contact Person: Elene Liew Yee Lin Designation: Head of Centre Tel no.: 6260 5886 Fax no.: 6260 5686 Email: eleneliew.ttdc@minds.org.sg
Movement for the Intellectually Disabled of Singapore (MINDS)	MINDS Yishun Training & Development Centre		Primary Diagnosis: Intellectual Disability Secondary Diagnosis: Autism Spectrum Disorder or Other Disabilities (case-by-case)	- Maintenance and Active Therapist - Occupational Therapist - Physiotherapist - Psychologist - Social Work Services - Caregiver Training Training Programmes: 1. Activities of Daily Living (ADL) 2. Community Living Skills (CLS) 3. Work Readiness 4. Social and Recreation	Available (No pork/lard)	Yes	Mon - Fri Office hours: 8:30am - 5:30pm Training hours: 9:00am - 4:30pm	Address: Blk 652 Yishun Ave 4 #01-507 S(760652) Website: www.minds.org.sg/YTDC Contact Person: Dorothy Ng Siew Kian Designation: Head of Centre Tel no.: 6257 1165 Fax no.: 6257 1167 Email: dorothyng.ytdc@minds.org.sg
Singapore Red Cross Society	Red Cross Home for the Disabled - Day Activity Centre	16 and above	Primary Diagnosis: Physical Disability Secondary Diagnosis: Other Disabilities (case-by-case)	- Maintenance and Active Therapist - Occupational Therapist - Social Worker - Counselling	Available (Halal)	Yes	Mon - Fri 9:00am - 5:00pm	Address: Blk 536, Jurong West St 52, #01-497, Singapore 640536 Website: www.redcross.sg Contact Person: Fara Roslan Designation: Manager Tel no.: 62624062 Email: fara.roslan@redcross.sg
The Singapore Cheshire Home	The Singapore Cheshire Home - Day Care Centre	16 and above	Primary Diagnosis: Physical Disability Secondary Diagnosis: Other Disabilities (case-by-case)	- Maintenance and Active Therapist - Occupational Therapist - Physiotherapist - Social Worker - Support Group - Counselling - Handicraft sessions and social recreational programmes	Available (Non-halal)	Yes	Mon - Fri 9:00am - 4:00pm	Address: 159 Serangoon Garden Way, S(556056) Website: www.cheshirehome.org.sg Contact Person: Rena Lee Designation: Social Worker Tel no.: 6284 0966 Fax no.: 6284 2782 Email: rena.lee@cheshirehome.org.sg

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SPD	SPD Day Activity Centre	16 and above	Physical Disability Intellectual Disability Autism Spectrum Disorder Multiple Disabilities	<u>Professionals</u> - Occupational Therapist - Physiotherapist - Social Worker - Psychologist <u>Professional Services</u> - Occupational & Physiotherapy - Support Group - Counselling - Case Management - Caregiver Training	Available (Halal)	Yes	Mon - Fri 8:00am - 5:30pm	Address: 2 Peng Nguan Street, SPD Ability Centre, S(168955) Website: www.spd.org.sg Contact Person: Ms Lim Poh Poh (Social Worker), Ms Maureen Lee (Admin Asst) Tel no.: 6579 0730 / 6579 0763 (DAC Main Line) Fax no.: 6323 7008 Email: lim_poh_poh@spd.org.sg, maureen_lee@spd.org.sg
St Andrew's Autism Centre (SAAC)	St. Andrew's Adult Autism Services - Day Activity Centre (Siglap)	16 and above	Primary Diagnosis: Autism Spectrum Disorder (ASD)	- Psychologist - Speech Therapist - Occupational Therapist - Social Worker - Counselling - Parent Support Group	Not Available	Yes	Mon - Fri 9:00am - 3:00pm	Address: 1 Elliot Road, S(458686) Website: www.saac.org.sg Contact Person: Ong Sze Ying Designation: Administrative Executive Tel no.: 6517 3839 Fax no.: 6517 3801 Email: admissions@saac.org.sg
St Andrew's Autism Centre (SAAC)	St. Andrew's Adult Autism Services - Day Activity Centre (Sengkang)		Secondary Diagnosis: Multiple Disabilities (case-by-case)					Address: 147 Compassvale Bow, S(544691) Website: www.saac.org.sg Contact Person: Ong Sze Ying Designation: Administrative Executive Tel no.: 6517 3839 Fax no.: 6517 3801 Email: admissions@saac.org.sg
SUN-DAC	SUN-DAC (Bedok South)	16 and above	Primary Diagnosis: Intellectual Disability (IQ: below 70)	- Maintenance Therapist - Occupational Therapist - Case Manager - Active Therapist (depends on the clients needs) - PT Aide - Caregiver Training and Support - Counselling	Available (Halal)	Yes	Mon - Fri 8:30am to 5:00pm	Address: Blk 39 Bedok South, #01-719, S(460039) Website: www.sundac.org Contact Person: Kimberley/Hema Designation: Senior Case Manager / Case Manager Tel no.: 6442 6395 Fax no.: 6442 6120 Email: kimberley@sundac.org, hema@sundac.org
SUN-DAC	SUN-DAC (Choa Chu Kang)		Other Diagnosis: Physical Disability Autism Spectrum Disorder Developmental Disability Other Disabilities:					Address: Blk 213 Choa Chu Kang Central, #01-110, S(680213) Website: www.sundac.org Contact Person: Xinyi Designation: Case Manager Tel no.: 6763 6234 Fax no.: 6763 1784 Email: geetha@sundac.org/ xinyi@sundac.org.

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SUN-DAC	SUN-DAC (Upper Thomson)		Visual Impairment (Case-by-case)					Address: 600 Upper Thomson Road, Blk C, #01-21 S(574421) Website: www.sundac.org Contact Person: Geetha/ Vanessa Designation: Case Manager Tel no.: 6265 9428 Fax no.: 6265 2156 Email: jean@sundac.org, vanessa@sundac.org
Thong Kheng Welfare Services Society	Blue Cross Thong Kheng Home - Day Care Service	16 and above	Primary Diagnosis: Intellectual Disability (IQ: below 70) Other Diagnosis: Other Disabilities (case-by-case)	- Physiotherapist (PT aides only) - Active Therapist - Counselling	Available (Halal and Non Halal)	Yes	Mon - Fri 9:00am - 5:00pm	Address: 201 Jurong East Ave 1, S(609791) Website: www.thongkheng.org.sg Contact Person: Steven Tan Designation: Administrator Tel no.: 6560 2022 Fax no.: 6560 2797 Email: steventan@thongkheng.org.sg
Thong Kheng Welfare Services Society	Blue Cross Thong Kheng ASD DAC	16 and above	Primary Diagnosis: Autism Spectrum Disorder Intellectual Disability cum Autism Spectrum Disorder Secondary Diagnosis: Multiple Disabilities (case-by-case)	- Maintenance and Active Therapist - Psychologist - Physiotherapist - Occupational Therapist - Social Worker - Counselling - Parent Support Group	Available (Halal and Non Halal)	Yes	Mon - Fri 9:00am - 5:00pm	Address: 600 Upper Thomson Rd, Blk C #03-21 Upper Thomson Community Hub S(574421) Website: www.thongkheng.org.sg Contact Person: Steven Tan Designation: Administrator Tel no.: 6265 2878 Fax no.: 6265 2806 Email: steffantan@thongkheng.org.sg
Thye Hua Kwan Moral Charities Limited (THK)	THK Day Activity Centre @ Chai Chee	16 and above	Primary Diagnosis: Intellectual Disability (IQ: below 70) Secondary Diagnosis: Autism Spectrum Disorder (case-by-case)	- Occupational Therapist - Physiotherapist - Nursing Care - Counselling - Speech Therapist	Available (Halal and Non-halal)	Yes	Mon - Fri 8:00am - 4:00pm	Address: 2 Chai Chee Lane, S(469030) Website: www.thkmc.org.sg Contact Person: Edwin Chua Shan Yuan Designation: Acting Assistant Superintendent Tel no.: 6441 7640 Fax no.: 6441 7641 Email: edwinchua@thkmc.org.sg
Thye Hua Kwan Moral Charities Limited (THK)	THK Autism Centre @ Geylang Bahru	18 and above	Primary Diagnosis: Autism Spectrum Disorder Secondary Diagnosis: Intellectual Disability (IQ: below 70)	- Occupational Therapist - Social Worker - Sensory Stimulation Room	Available (Halal)	Yes	Mon - Fri 9:00am - 4:00pm	Address: Blk 72 Geylang Bahru, #01-3018 & #01-3032 S(330072) Website: www.thkmc.org.sg Contact Person: Arifeen Kamaluddin Designation: Centre Manager Tel: 6906 7106 Email: arifeen@thkmc.org.sg

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TOUCH Community Services	TOUCH Centre for Independent Living (Ubi) TCIL Ubi	18 and above	Primary Diagnosis: Intellectual Disability (Mild - Moderate) Other Information: Require to be ADL Independent	- Social Worker - Lifeskills Coaches - Caregiver Training and Support (Ad-Hoc) Training Programmes: 1. ADL (Activities of Daily Living) 2. CLS (Community Living Skills) 3. Social and Recreation	Not Available	Yes (Private arrangement on case by case basis)	Mon - Fri 9:00am - 4:30pm	Address: Blk 352 Ubi Ave 1, #01-989, S(400352) Website: www.touch.org.sg Contact Person: Kho Wai Leng Designation: Social Worker Tel no.: 6741 6364 Email: waileng.kho@touch.org.sg
TOUCH Community Services	TOUCH Centre for Independent Living (Bukit Merah) TCIL BM	18 and above	Primary Diagnosis: Intellectual Disability (Mild - Moderate) Other Information: Hearing Impairment Physical Disability (Require to be ADL Independent)	- Social Worker - Lifeskills Coaches - Caregiver Training and Support (Ad-Hoc) Training Programmes: 1. ADL (Activities of Daily Living) 2. CLS (Community Living Skills) 3. Social and Recreation	Not Available	Yes (Private arrangement on case by case basis)	Mon - Fri 9:00am - 4:30pm	Address: Blk 162 Bukit Merah Central, #05-3555, S(150162) Website: www.touch.org.sg Contact Person: Kho Wai Leng Designation: Social Worker Tel no.: 6251 4535 Email: waileng.kho@touch.org.sg

- Eligibility criteria can be found on SG Enable website.
 - Services are provided based on service provider's assessment of client's needs.
 - Please contact service provider directly to enquire on estimated waiting time, vacancy and fee.