

## Training Programme Information

Funded under SG Enable Training Grant

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Work Preparatory Series</b>							
1	<b>Employability Training Programme</b>	Trainees will be trained in identified areas in hard skills as well as soft skills, such as work habits and behaviours, communication skills, grooming etc. This may include work exposure at actual work sites.	To be advised by Training Provider	300 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	e2c@autism.org.sg
2	<b>Telephone Skills Training</b>	Trainees will be equipped with basic telephone etiquette and maintaining professionalism in handling their enquires.	To be advised by Training Provider	5 Days (35 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
3	<b>Communication Skills (Online Digital Skills)</b>	Trainees will be equipped with online communication skills to prepare them on maintaining professionalism in handling their enquires.	To be advised by Training Provider	5 Days (35 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
4	<b>Skills Enabling Training (SET)</b>	Trainees will be equipped with skills that is relevant to workplace communication including how to manage potential conflicts between colleagues. They will learn how to manage personal goals in their career development.	To be advised by Training Provider	3 Days (21 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
5	<b>ESP Employability Training</b>	Trainees will be equipped with skills that will prepare them for interviews with potential employers and soft skills for employment.	To be advised by Training Provider	3 Days (21 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
<b>Workplace IT Skills Training</b>							
1	<b>ICDL Word Processing</b>	Trainees will be equipped with skills on how to create, edit, and enhance standard business documents using Microsoft Word.	To be advised by Training Provider	5 Days (35 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
2	<b>ICDL Excel Spreadsheet</b>	Trainees will be equipped with skills on how to use the basic features of a spreadsheet programme to perform various calculation skills.	To be advised by Training Provider	5 Days (35 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
3	<b>ICDL Powerpoint Presentation</b>	Trainees will be equipped with skills on how to use basic functions to create and manage output of a presentation.	To be advised by Training Provider	5 Days (35 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
4	<b>Digital Skills Enabling Training</b>	Trainees will be equipped with skills on job search skills, work life transition, managing emotions, resume writing and job interviewing skills through the use of computer and Internet.	To be advised by Training Provider	3 Days (21 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg

## Training Programme Information

Funded under SG Enable Training Grant

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Accounting and Administrative Skills Training</b>							
1	<b>Admin Skills Training</b>	Trainees will be equipped with skills of administrative support including file management, photocopying and scanning of documents.	To be advised by Training Provider	5 Days (35 hours)	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
<b>Food &amp; Beverage Skills Training</b>							
1	<b>Food Safety Course Level 1 Bridging Programme</b>	Trainees will be equipped with skills and knowledge to prepare them towards successful completion of Food Safety Course Level 1 Bridging Programme	\$54.00	3 Days (12 hours)	Contact Training Provider for more information	Project Dignity	9853 9032 wsq.training@projectdignity.sg
2	<b>Food and Beverage Train and Place Programme</b>	Trainees will be equipped with the essential kitchen and service skills to become proficient in a food and beverage setting.	\$512.79	20 Days (102 hours)	Contact Training Provider for more information	Project Dignity	9853 9032 wsq.training@projectdignity.sg
3	<b>Basic Barista Skills</b>	Trainees will learn how to confidently execute the espresso calibration drill, prepare and serve basic espresso-based beverages as well as practise simple latte art designs.	To be advised by Training Provider	5 Days (20 hours)	Contact Training Provider for more information	Foreword Coffee	hello@forewordcoffee.co
4	<b>Fundamental Skills for Cafe Crews</b>	Trainees will learn how to be able to support kitchen operations in small cafes and feel more confident in themselves when they master basic skills.	To be advised by Training Provider	5 Days (20 hours)	Contact Training Provider for more information	Foreword Coffee	hello@forewordcoffee.co
5	<b>F&amp;B Assistant Programme</b>	The programme aims to equip trainees with basic knowledge and skills of F&B service skills. As well as highlight the importance of quality customer service in F&B outlets and hotels.	To be advised by Training Provider	5 Days (30 hours)	Contact Training Provider for more information	Singapore Institute of Hospitality	6593 6966 info@sih.edu.sg
<b>Creative Arts and Design Training</b>							
1	<b>Music Mentorship Program</b>	Trainees will learn to demonstrate playing techniques in ensembles, for percussion instruments, keys instruments and string instruments. Interpret rhythm patterns in music ensemble setting to take on teaching roles. It also seeks to impart enhanced skills on live physical music band performances with the ability to take on corporate, social, and public performances. These employability skills will enable persons with disability musicians to gear towards taking on teaching and performing roles.	To be advised by Training Provider	26 Days (52 hours)	Contact Training Provider for more information	Faith Music Centre	6354 3406 melissa_tan@faithmusic.com.sg
<b>Environmental Services Training</b>							
1	<b>Perform Basic Cleaning of Horizontal Surface</b>	Trainees will be equipped with skills and knowledge in cleaning furniture, washrooms and hard floor surfaces in commercial and residential buildings.	\$133.73	4 Days (28 hours)	Contact Training Provider for more information	Evergreen Refuse Disposal & Cleaning Services	6250 2231 enquiry@evergreencleaning.com.sg

## Training Programme Information

Funded under SG Enable Training Grant

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Hotel &amp; Accommodation</b>							
1	<b>Basic Hospitality Programme (in-employment)</b>	The programme aims to upskill and reskill in-service trainees in Housekeeping skills and F&B skills; and/or to upskill in-service F&B and Housekeeping PWDs in quality customer service.	To be advised by Training Provider	5 Days (25 hours)	Contact Training Provider for more information	Singapore Institute of Hospitality	6593 6966 info@sih.edu.sg
2	<b>Room Assistant Programme</b>	The programme aims to equip PWD participants with basic housekeeping skills to be able to work in hotel housekeeping and to highlight the importance of quality customer service in F & B outlets and hotels.	To be advised by Training Provider	5 Days (30 hours)	Contact Training Provider for more information	Singapore Institute of Hospitality	6593 6966 info@sih.edu.sg
<b>Broadcasting, Publishing and Media</b>							
1	<b>Becoming a Media Producer</b>	The programme aims to equip trainees with necessary skills (from pre-production, production to post-production) to produce mini short film & live streaming programme for their organisations.	To be advised by Training Provider	10 Days (80 hours)	Contact Training Provider for more information	Wisdom Academy	6451 4530 wisdomacademyasia@gmail.com
<b>Early Childhood Training</b>							
1	<b>Fundamental in Educarer Aide Training (ECAT) Programme</b>	Trainees will be equipped with the necessary skills, knowledge and attitude to be an Educarer Aide through a customised curriculum that best suit their learning needs.	To be advised by Training Provider	355 hours	Contact Training Provider for more information	Presbyterian Community Services	ecat@pcs.org.sg
2	<b>Specialist Training in Educarer Aide Programme</b>	Trainees will learn a higher level of knowledge, skills and attitudes to apply & implement good early childhood caregiving practices. It taps on the knowledge that trainees would have acquired during the Fundamentals course (e.g. on how children learn and develop) and extends into how these can be applied in caregiving routines as well as in ensuring the health & safety regulations and SOP are followed.	To be advised by Training Provider	62 Days (415 hours)	Contact Training Provider for more information	Presbyterian Community Services	karenbay@pcs.org.sg
<b>Information and Communications</b>							
1	<b>Essentials of Mobile App Development</b>	The programme aims to teach trainees how to understand of the fundamental programming and UI/UX concepts by building apps in Swift; the ability to develop a sensitivity towards well designed apps that follow Apple's Human Interface Guidelines (HIG) as well as train the process of testing, debugging and critiquing iOS mobile apps.	To be advised by Training Provider	10 Days (60 hours)	Contact Training Provider for more information	Fintech Academy	9363 6526 bryan@fintechacademy.com.sg
2	<b>UI/UX Website Design Program</b>	The programme aims to empower trainees to become website designers and implement UI and UX experiences into their websites. Give real case examples to prepare the trainees to join the employment market and help trainees to build their creative portfolio in order for them to be placed after the programme, either by direct placement or becoming talents on the Younite portal.	To be advised by Training Provider	20 days (150 hours)	Contact Training Provider for more information	Make The Change	6338 5449 info@makethechange.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Accounting, Banking &amp; Finance</b>							
1	<b>AI for Accountants, Finance &amp; Business Professionals</b>	Learn business data and machine learning theories and applications.	To be advised by Training Provider	1 day	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
<b>Administration</b>							
1	<b>Basics of Microsoft Excel for PWD Job Seekers</b>	Participants will learn the basic features and functions in Microsoft Excel to work and analyse simple data in a workplace setting.	\$150.00	2 hours	Contact Training Provider for more information	Edukinect Pte Ltd	info@edukinect.com
2	<b>Microsoft Powerpoint for Beginners</b>	With Microsoft PowerPoint, users can create, edit and enhance their presentations and slideshows. In this 2 hour session, participants will start by first learning how to create slides, adding content and images before presenting them to their audience.	\$150.00	2 hours	Contact Training Provider for more information	Edukinect Pte Ltd	info@edukinect.com
<b>Advertising, Sales &amp; Marketing</b>							
1	<b>Using Digital Marketing to Optimising Revenues and Acquiring Customers</b>	This 2-day workshop designed for staff at managerial and supervisory level will enable participants to use digital marketing in a profitable way, acquire new customers and support direct booking initiatives.	\$192.60	1 day (4 hours)	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
2	<b>Professional Workshop in Digital Marketing</b>	Participants will acquire techniques to conceptualise and execute a digital strategy. They will also learn to evaluate the success of search engine marketing, and enhance search engine optimisation. Using a framework, participants will learn to profile digital audiences so as to be strategic in their digital plans. They will better understand mobile, social media, and email marketing.	\$1,450.00	12 days	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
3	<b>Professional Workshop in Social Media Marketing</b>	Participants will acquire basic digital marketing skills for use on social media platforms. They will also learn how to navigate the ever-changing social media landscape, and use it to their advantage. Participants will also better understand social listening, and leverage on different social media communities, to create a positive and influential digital presence.	\$1,450.00	12 days	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
4	<b>Diploma in Digital Marketing (Part-Time)</b>	Participants will learn how digital technology affects buying behaviours, social listening, and content development to build digital assets. Their storytelling skills will also be enhanced, and be equipped to transform plans into digital work.	To be advised by Training Provider	72 days	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
5	<b>Professional Diploma in Advertising &amp; Design (Part-Time)</b>	Participants will acquire the strategic thinking and analytical skills necessary to thrive in the advertising and design industry. They will learn more about topics and concepts such as visual communication, typography and communication design, corporate identity design, editorial design, packaging and print technology, branding, digital marketing, as well as innovative marketing.	To be advised by Training Provider	192 days	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
6	<b>Professional Diploma in Advertising &amp; Design (Full-Time)</b>	Participants will acquire the strategic thinking and analytical skills necessary to thrive in the advertising and design industry. They will learn more about topics and concepts such as visual communication, typography and communication design, corporate identity design, editorial design, packaging and print technology, branding, digital marketing, as well as innovative marketing.	To be advised by Training Provider	192 days	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
7	<b>Workshop in Digital Marketing Fundamentals</b>	This programme aims to equip participants with the understanding on the fundamentals of digital marketing.	\$800.00	8 days (16 hours)	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
<b>Agriculture and Fishing</b>							
1	<b>Urban Farming (Soil &amp; Planting Techniques) (Certificate of Competencies)</b>	Become competent in selecting planting media and using suitable planting techniques for different crops.	\$260.00	7 hours	Contact Training Provider for more information	ITE College East	cet@ite.edu.sg
<b>Air Transport</b>							
1	<b>Our Role in a New World of Aviation – Change Management (A Practitioner's View)</b>	This 2-day awareness, and guidance session is intended to align the perspective of the participants to the growing challenges within the aviation industry, both vertically and horizontally in the supply chain. It seeks to encourage the participants to examine the new order of the aviation industry and the ways to cope with potential changes that may be experienced within their companies	To be advised by Training Provider	2 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Arts &amp; Entertainment</b>							
1	<b>Basic Pottery</b>	Using Handbuilding, an ancient pottery-making technique that involves creating forms without a pottery wheel. Using the hands, fingers, and simple tools, students learn to express their creativity through clay and it also helps improve fine motor skills.	\$529.65	22 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
2	<b>Basic Digital Filmmaking with Professional Camera</b>	This workshop teaches learners basic videography skills such as framing, composition and shot size. They will learn how to use the basic functions of the camera. Then they will learn about the basics of video editing such as trimming, color correction and exporting.	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
3	<b>DMT Skills (movement and regulation skills training with music and dance accompaniment)</b>	This course teaches combined dance/movement and music therapeutic skills which offers great benefits as it uses breathing, body movement, rhythmic interaction, mirror techniques to regulate moods and emotions to inculcate awareness of self and others so they can be well placed to be integrated smoothly into social and work settings.	\$840.00	14 days	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
4	<b>Art of Mobile Photography</b>	Learn tips and tricks of taking brilliant photos using your own mobile phone. Be awed by the photographs that you can take by the end of class	\$64.20	3 hours	Contact Training Provider for more information	Centre for Daily Living Skills Pte Ltd	admin@centrefordailylivingskills.com
5	<b>Intermediate Resin Craft Training</b>	Provides learners with more advanced skills in resin making and more productis	\$500.00	4 days (16 hours)	Contact Training Provider for more information	Jojomama	jojomama.net@gmail.com
6	<b>Basic Guide to Leather Crafting</b>	The course allows participants to learn to use different crafting tools to work on different types of leather, prepare and cut leather, as well as leather crafting skills.	\$270.00	7 days (21 hours)	Contact Training Provider for more information	Jojomama	jojomama.net@gmail.com
7	<b>Foundation VA Fine Arts</b>	An Individualized Education Plan (IEP) for each learner that focuses on life skills and artistic skills, including higher order thinking	\$180.00	To be advised by Training Provider	Contact Training Provider for more information	Singapore University of Social Sciences	unilearn@suss.edu.sg
8	<b>Foundation PA Percussion</b>	Provide access and opportunities for people with disabilities to learn the fundamental techniques and discover the possibilities of the hand-percussion. Designed for students to gain confidence in personal expression and enhance their fine motor skills	\$160.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
9	<b>Foundation PA Ukulele</b>	Provide access and opportunities for people with disabilities to learn the fundamental techniques and discover the possibilities of the Ukelele. Designed for students to gain confidence in personal expression and enhance their fine motor skills	\$160.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
10	<b>Foundation PA Speech &amp; Drama</b>	To build students' confidence in using the English Language as a tool for effective communication	\$160.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
11	<b>Foundation PA Creative Dance</b>	To expose students to a fusion of different ethnic dance choreography, and prepare them for a performance in this genre	\$160.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
12	Foundation Clay Class	To teach foundation clay/ceramic making skills for persons with special needs.	\$315.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
13	Artist-In-Training Visual Arts Ceramic	Empowering crafters in training to become independent artists or potters. At different stages of the programme, students will learn technical skills that are necessary to make a functional ware.	\$360.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
14	Artist-In-Training Visual Arts Fine Arts	An Individualized Education Plan (IEP) for each learner that focuses on life skills and artistic skills, including higher order thinking through collaboration such as the Certificate in Visual Arts in collaboration with NAFA CLE	\$270.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
15	Foundation PA Piano	To cultivate the awareness and understand the differentiation between left and right hand and how to apply correct fingering on keyboard. Designed for students to gain confidence in personal expression and enhance their fine motor skills	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
16	Foundation PA Basic Violin Course	Students will pick up the skills to learn the violin and be able to play simple repertoire on their own	\$280.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
17	Foundation PA VS Choir	Students will learn on pitch accuracy and rhythmical skills as well as develop self awareness, social-awareness, relationship management, responsible decision making through group learning	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
18	Foundation PA Vocal Music	Students will be trained on the singing techniques, pedagogical movement, rhythm training, sight reading which will have opportunities for performing.	\$280.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
19	Foundation PA Basic Drum Course	The course allows participants to learn about the drum kit, significance of rhythm, and also to play in a simplified manner.	\$280.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
20	Specialised Skill for PWDs – Marquage making using Raw technique (for leather, canvas, clothes, shoes)	Participants will learn to apply marquage art, using raw techniques on leather products, clothing, shoes, canvas, and walls. This skill personalises pre-loved products, and offers them a new lease of life.	\$1,000.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
21	Fundamentals of Band Performance	This programme aims to equip participants with the basics of playing the keyboard, guitar (acoustic, electric, or bass), or drums; and techniques of performing in a band.	\$1,200.00	12 days (24 hours)	Contact Training Provider for more information	ArtSE	faith@artse.sg
22	Advanced Musicianship Techniques	Participants will acquire advanced playing techniques in the keyboard, guitar (acoustic, electric or bass) or drums.	\$1,200.00	12 days (24 hours)	Contact Training Provider for more information	Faith Music Centre Pte Ltd	melissa_tan@faithmusic.com.sg
23	Create with Me2	Participants will improve their motor skills and expand their creativity through a creative art programme. Learners will be also exposed to different art techniques and art mediums through storytelling.	\$117.70	2 days (6 hours)	Contact Training Provider for more information	Faith Music Centre Pte Ltd	melissa_tan@faithmusic.com.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
24	<b>Foundation PA Dance &amp; Music Therapy</b>	Participants will enhance their self and body awareness through movement. The social connection and creative expression also fosters participants' mental wellbeing.	\$400.00	To be advised by Training Provider	Contact Training Provider for more information	Me2	geraldine_yap@ite.edu.sg
25	<b>Team Energize</b>	Participants will be exposed to puppets, props, and digital medium. Through design and performance using the puppets, participants will enhance their fine motor skills. They will also learn to express themselves, via movements and voice in front of the camera, when manipulating the puppets.	\$140.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
26	<b>Introductory to Video Production</b>	Participants will learn to create action plan schedules for Facebook, Instagram and Tik Tok social media video productions. They will also learn to record the videos, using handphones and small cameras. Using editing softwares within mobile phones, participants will also learn to edit 20-second clips of the videos.	\$600.00	24 hours	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
27	<b>Video Production Basic Level</b>	Participants will learn to create action plan schedules for interview filming productions. They will also learn to record interviews using handphones and small cameras. Using semi pro editing softwares, participants will also learn to edit interviews or live streaming recordings.	\$850.00	32 hours	Contact Training Provider for more information	Zing Media Pte Ltd	stephanie.tan@zingmedia.com.sg
28	<b>Becoming A Production Manager (Intermediate)</b>	Participants will learn to create action plan schedules for Facebook, Instagram and Tik Tok social media video productions. They will also be taught to create similar schedules for interview filming and mini documentary productions, as well as live streaming productions for up to 4 presenters.	\$750.00	32 hours	Contact Training Provider for more information	Zing Media Pte Ltd	stephanie.tan@zingmedia.com.sg
29	<b>Script Writing</b>	Participants will learn to write scripts for Tik Tok or Instagram video productions, and short documentaries on someone's life stories. Scripts for hosts and interviewees with subject matter experts will also be taught to them.	\$650.00	24 hours	Contact Training Provider for more information	Zing Media Pte Ltd	stephanie.tan@zingmedia.com.sg
30	<b>Documentary Video Producer Basic Level</b>	Participants will learn to create action plan schedules for talk show studio filming productions of up to 4 presenters. They will also be taught to record talk shows using 3 cameras, and edit interviews or live streaming recordings, using semi pro editing softwares.	\$1,070.00	32 hours	Contact Training Provider for more information	Zing Media Pte Ltd	stephanie.tan@zingmedia.com.sg
31	<b>DSA Enrichment Programs (Dance)</b>	Participants will develop a greater awareness of their bodies through the dance techniques taught. They will also gain a greater appreciation for different dance styles, and develop spatial awareness through the sequences and formations learnt. Participants will be more confident performing before audiences, and also learn choreography for performances.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Down Syndrome Association (Singapore) (DSA)	amelia@downsyndrome-singapore.org
32	<b>DSA Enrichment Programs (Drums &amp; Percussion)</b>	Participants will learn about the different types of drums and percussion instruments. They will also develop a greater foundation in rhythm, music literacy, and use the basic drum kit to perform in a coordinated fashion. Participants can also showcase their drumming talents through performances.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org



## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
33	<b>DSA Enrichment Programs (Speech &amp; Drama)</b>	Participants will develop physical and vocal expressiveness, agility, strength, flexibility and clarity. They can also improve their communication and literacy skills. Participants will be able to work better in teams, develop friendships and creativity. They will also gain a deeper appreciation for the creative and performing arts.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
34	<b>DSA Enrichment Programs (Visual Arts)</b>	Participants will learn to interpret a given piece of work, and produce their own. They will also be taught to appreciate colour combinations and differentiate visual patterns. Participants can also improve their cognitive and motor skills, as well as develop their self-expression and creativity.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
35	<b>Introduction to Mobile Photography &amp; Basic Photo Editing</b>	This programme aims to equip participants with photography concepts and techniques. Participants will also be taught to take intentional and purposeful photos with their mobile phones, as well as perform simple editing.	\$480.00	3 hours	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
36	<b>Creative Lab</b>	This programme aims to equip participants with the artistic skills to enrich their lives, and develop autonomy, creativity, as well as inner calmness. Participants will also develop their self-confidence, and learn to collaborate and communicate with others.	\$1,000.00	6 days (12 hours)	Contact Training Provider for more information	Hatch Technologies Pte Ltd	victor@hatch.sg
37	<b>Balloon Arts (Kids Delight Series)</b>	This programme aims to equip participants with the basic skills of balloon sculpting, to create various sculptures.	\$250.00	1 day (4 hours)	Contact Training Provider for more information	Extraordinary People Ltd	valerielim@extraordinarypeople.sg
38	<b>Foundation Performing Arts - Angklung</b>	This programme aims to equip participants with the musicianship to play an angklung. They can also learn about multiculturalism, and how to collaborate with others when performing in a team. Through music, the training allows participants to develop perseverance, discipline, and confidence.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	<a href="mailto:general@artdis.org.sg">general@artdis.org.sg</a>
39	<b>Foundation Performing Arts - Electronic Drum</b>	This programme aims to introduce participants to the various components of the drum kit, and music terminologies. They will also be taught different drumming patterns, and get to practise them through simple songs.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
40	<b>Foundation Performing Arts - Malay Contemporary Dance</b>	This programme aims to provide a platform for participants to learn about multiculturalism, Malay dance gestures, and cultural values. They will also be able to develop body awareness, through the confidence and strength gained.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
41	<b>Foundation Performing Arts - Hip Hop Dance</b>	This programme aims to teach participants movements to engage their cognitive and physical skills. They will also learn to observe and follow instructions, while expressing themselves creatively.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
42	Foundation Performing Arts - Puppetry Art	This programme aims to introduce participants to the various aspects of children's theatre, such as construction, manipulation, and drama creation. They will also learn about the history of four types of traditional puppets, and the techniques to use them for story telling. Through manipulation, participants will learn to control the use of their strengths and bodies, and enhance their fine motor skills. They will also be taught to better express themselves through movement and voice.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
43	Foundation Performing Arts - Vocal Music	This programme aims to equip participants with professional singing and musicianship skills. The training also allows them to develop their self-esteem, and improve their speech, and diction.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
44	Workshop in Design Fundamentals	This programme aims to equip participants with the essential skillsets to help them create better visual designs (for both print and screen) to captivate and engage the viewer's attention and interests.	\$800.00	8 days (16 hours)	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
45	Photoshop for Beginners	This programme aims to introduce participants to the basic principles of layout design, and photoshop interface. They will also be taught to remove and replace the background. Participants will also learn to edit and enhance their photos, as well as create social media posts, posters, and gifs, with Adobe Photoshop.	\$250.00	2 days (16 hours)	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
46	Creative Design with Canva	This programme aims to introduce participants to Canva, and using it to create social media posts, reels and stories. They will also be taught to create business cards, print media and presentations to sell ideas.	\$150.00	8 hours	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
47	Professional Diploma in Advertising & Design (Part-Time)	Participants will acquire the strategic thinking and analytical skills necessary to thrive in the advertising and design industry. They will learn more about topics and concepts such as visual communication, typography and communication design, corporate identity design, editorial design, packaging and print technology, branding, digital marketing, as well as innovative marketing.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Chatsworth Medi@rt Academy Pte Ltd	gwen@cma-academy.com
<b>Broadcasting, Publishing &amp; Media</b>							
1	My First Portfolio with Me2	Participants will undergo activities to develop their confidence and presentation skills in front of a camera. This programme also helps learners improve their communication skills, cognitive skills and ability to work as a team.	\$1,000.00	24 days (36 hours)	Contact Training Provider for more information	Me2	carmella@me2.com
<b>Business Management</b>							
1	Design Thinking for Home Business	Learn to apply Design Thinking principles to your home business. Understand and discover alternative strategies and solutions.	\$110.00	7 hours	Contact Training Provider for more information	ITE College Central	STS2@ite.edu.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
2	<b>Optimising Restaurant Performance with Revenue Management</b>	This 2-day workshop provides an introduction to restaurant revenue management for hospitality professionals through a combination of taught content and self-learning material such as case studies. It aims to equip professionals with the knowledge of how revenue management can assist in optimising revenues without adding any additional resources with a strictly alignment to a marketing strategy.	\$600.00	5 days (30 hours)	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
3	<b>Introduction to Revenue Management and Distribution</b>	Learn the theoretical foundations and practical operational applications of revenue management and distribution.	To be advised by Training Provider	2 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
<b>Community and Social Services</b>							
1	<b>Learning Wagon Programme</b>	Learners will learn skills from the following domains such as hard skills, functional literacy, functional numeracy and soft skills such as social emotional skills, social communication skill and work habits.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Click Pte Ltd	admin@clicksped.sg
2	<b>Introduction to Digital Accessibility Testing</b>	The course allows participants to pick up niche ES such as web content accessibility guidelines, how to test websites, documents, and applications, use screen readers, and prepare accessibility audit reports.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Equal Dreams	equaldreams.sg@gmail.com
3	<b>Vision Rehabilitation: Orientation &amp; Mobility Training</b>	Equip Visually Impaired Participants with knowledge and skills to play support roles in SAVH's Vision Rehabilitation services (Orientation & Mobility) as Training Assistants and Lay Trainers	To be advised by Training Provider	8 days (16 hours)	Contact Training Provider for more information	Singapore Association of the Visually Handicapped	caren.ho@savh.org.sg
4	<b>Serving Coffee and Juice - Café Training Programme for the Visually Handicapped</b>	This programme aims to equip people who are visually handicapped the basic skills needed to work in a café setting serving freshly made coffee and fruit juices. The visually handicapped will also be learning basic customer service skills.	\$1,000.00	32 hours	Contact Training Provider for more information	Singapore Association of the Visually Handicapped	caren.ho@savh.org.sg
5	<b>Basic computer literacy for screen reader users</b>	Equip screen reader users with the ability to use a computer - without needing to use a mouse - to perform basic and common tasks which may be useful in a work setting	\$980.00	To be advised by Training Provider	Contact Training Provider for more information	Singapore Association of the Visually Handicapped	caren.ho@savh.org.sg
6	<b>Staying Well to Age Successfully</b>	This course introduces older adults to the 5 dimensions of wellness and the small steps they can take to improve and maintain high physical, mental and social functioning, financial independence and overall quality of life	\$22.00	3 hours	Contact Training Provider for more information	Singapore University of Social Sciences	Michellleyeo@tsaofoundation.org nsa@c3a.org.sg
7	<b>Financial Management Literacy for Retirement Planning</b>	In this course, participants will explore many financial aspects of retirement planning so that it can help all of them to live their desired retirement lifestyle. Objectives such as determining their own retirement needs, protect themselves from potential risks, build up a retirement fund and protect from scams and frauds.	\$35.00	2 hours	Contact Training Provider for more information	Singapore University of Social Sciences	admin@cfs.org.sg nsa@c3a.org.sg
8	<b>Dipping Into SgSL Interpreting: Guiding You Into The Waters Of The Profession</b>	Participants will learn about audism, and how it affects interpretation. They will also acquire the fundamentals and strategies of interpreting, as well as develop basic awareness of prosodic English and SgSL cues. Participants will learn to apply common classifiers when interpreting.	\$280.00	To be advised by Training Provider	Contact Training Provider for more information	Equal Dreams	equaldreams.sg@gmail.com

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
9	<b>Singapore Sign Language Training Programme (Level 2)</b>	Participants will be able to learn and apply visual-gestural communication. They will also acquire basic linguistic rules and parameters of SgSL. Participants will develop receptive and expressive skills in fingering and SgSL signs, as well as be able to converse in SgSL with simple sentence structures.	To be advised by Training Provider	10 days (20 hours)	Contact Training Provider for more information	The Singapore Association For The Deaf	james@sadeaf.org.sg
10	<b>Accessibility Features on Office 365 Apps for PWDs</b>	Participants will learn to collaborate inclusively with colleagues by knowing how to set up accessibility features in Windows and Office apps.	\$150.00	2 hours	Contact Training Provider for more information	Edukinect Pte Ltd	info@edukinect.com
11	<b>Accessibility Features on Android for PWDs</b>	Participants will learn accessibility features and settings on their android devices which will help them at work and daily lives as well as being able to have access to the content on android devices.	\$150.00	2 hours	Contact Training Provider for more information	Edukinect Pte Ltd	info@edukinect.com
12	<b>Training on Accessible &amp; Assistive Technology: Smart Phone/Tablet (in GDS office or zoom)</b>	This programme aims to teach visually impaired participants to use built-in accessible functions on IOS and Android smart phones or tablets. They will also be taught to use VoiceOver and TalkBack.	\$30.00	2 hours	Contact Training Provider for more information	Guide Dogs Singapore Ltd	vanessa.loh@guidedogs.org.sg
13	<b>Training on Accessible &amp; Assistive Technology: Smart Phone/Tablet (at client's requested place)</b>	This programme aims to teach visually impaired participants to use built-in accessible functions on IOS and Android smart phones or tablets. They will also be taught to use VoiceOver and TalkBack.	\$80.00	2 hours	Contact Training Provider for more information	Guide Dogs Singapore Ltd	vanessa.loh@guidedogs.org.sg
14	<b>Accessibility and Technology Short Course - Introduction to Technology and Computers (Group Learning at GDS office)</b>	This programme aims to teach visually impaired participants to operate a Windows computer. They will also be taught commonly used technology terminology, touch-typing on a standard keyboard, and equipped with basic understanding of internet, as well as web applications.	\$120.00	2 days (8 hours)	Contact Training Provider for more information	Guide Dogs Singapore Ltd	vanessa.loh@guidedogs.org.sg
15	<b>Training on Accessible &amp; Assistive Technology: Computer/laptop (at GDS' Office or via Zoom)</b>	This programme aims to teach visually impaired participants to use software such as screen reader, magnifier, or contrast viewing mode. They will also be taught Microsoft Office or web browsing.	\$30.00	2 hours	Contact Training Provider for more information	Guide Dogs Singapore Ltd	vanessa.loh@guidedogs.org.sg
16	<b>Training on Accessible &amp; Assistive Technology: Computer/laptop (at client's requested place)</b>	This programme aims to teach visually impaired participants to use software such as screen reader, magnifier, or contrast viewing mode. They will also be taught Microsoft Office or web browsing.	\$80.00	2 hours	Contact Training Provider for more information	Guide Dogs Singapore Ltd	vanessa.loh@guidedogs.org.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Design</b>							
1	<b>Basic Digital Illustration with Gravit Designer</b>	In the 'Basic Illustration with Gravit Designer' workshop, participants will be taught a range of theoretical and practical digital illustration skills using Gravit Designer, a graphic design application. Participants can also expect to develop and hone essential 2D/3D perspective-taking, critical-thinking and creative skills that can be applied to various fields beyond basic illustration such as UI/UX design, branding, advertisements & graphic design.	To be advised by Training Provider	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore) (ARC)	lina.kam@autism.org.sg
2	<b>Me + Mobile Devices = Creating Art?</b>	Learn to use photography in contemporary art and explore some photographic techniques using mobile devices.	\$22.00	2 hours	Contact Training Provider for more information	Singapore University of Social Sciences	unilearn@suss.edu.sg
3	<b>Foundation Digital Illustration Art Class</b>	Students will be able to produce artwork on digital canvas, draw characters that are appealing and apply colours to an illustration. They will also equip with the knowledge of drawing process and apps and able to relay ideas and opinions using art as a topic/medium	\$270.00	To be advised by Training Provider	Contact Training Provider for more information	ART:DIS	general@artdis.org.sg
4	<b>Introduction to Graphic Design with Canva</b>	This programme aims to equip participants with the skills to search for appropriate Canva templates, and amend it according to their needs. Participants will also learn to create a graphic that is suitable for social media posting.	\$480.00	3 hours	Contact Training Provider for more information	Hatch Technologies Pte Ltd	victor@hatch.sg
<b>Engineering</b>							
1	<b>Pump and Piping Network: Energy Efficient Design, Audit and Analysis</b>	Learn about Principle-based design, sizing and selection process will ensure an efficient, lower cost, and more reliable pump and piping system which requires less maintenance.	To be advised by Training Provider	30 days (40 hours)	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
2	<b>Design for Pretreatment Processes for Water &amp; Wastewater Treatment</b>	A water and wastewater treatment plant has a suite of unit operations and processes. Holistically, a total solution comprises of, Pre-treatment, Primary treatment, Secondary treatment, and Biosolids Handling. This 1-day course focuses on Pre-treatment technology.	To be advised by Training Provider	1 day	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
3	<b>Motor Driven Systems, Audit and Analysis</b>	Gain in-depth knowledge and skills to identify and evaluate energy conservation opportunities involving motor-driven equipment.	To be advised by Training Provider	10 days (40 hours)	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
4	<b>Fundamentals of RF Engineering</b>	Learn the concepts in RF engineering essential for design, fabrication, system integration and testing of RF systems. The course introduces the fundamentals, enforcing basic knowledge necessary for understanding operation and design principles in a typical RF system.	To be advised by Training Provider	2 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
5	<b>Data Analytics for Engineers</b>	The workshop will focus on classification techniques to predict categorical and continuous variables. Important issues in classification like under- and overfitting, evaluation of model performance and feature selection will be covered. Hands-on practical will be conducted.	To be advised by Training Provider	2 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
6	<b>Intelligent Transport Systems at Work</b>	Provide an understanding of why, how, and where intelligent transport Systems (ITS) are deployed and the future direction of advanced technology in the transport management and mobility.	To be advised by Training Provider	4 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
<b>Environmental Cleaning</b>							
1	<b>Horizontal Surface Maintenance: Perform Basic Cleaning of Hard Floor Surface</b>	This programme equips participants with basic knowledge to perform cleaning tasks at home or work. They will also learn new and innovative techniques of performing cleaning.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	One Heart Cleaning Pte Ltd	felica@oneheartcleaning.com.sg
<b>Food and Beverages</b>							
1	<b>Basic Cake Making</b>	The course allows participants to learn different methods of making cake, the roles of ingredients, and to use baking equipment. They will also get to bake different types of cakes.	\$390.00	10 days (30 hours)	Contact Training Provider for more information	MIJ Hub	changi@mijhub.com
2	<b>Basic Baking</b>	Participants will acquire basic baking skills, and develop their mental resilience, gross, as well as fine motor skills.	\$599.20	3 days (15 hours)	Contact Training Provider for more information	Seeteey Pte Ltd	keat@flourpower.sg
3	<b>Singapore Coffee Culture Appreciation Workshop</b>	This programme aims to equip participants with the knowledge of coffee extraction, traditional roasting of local coffee, and brewing local coffee and tea.  Participants will learn about the qualities of fresh coffee and coffee extraction methods. They will also learn about the different types of espresso-based beverages and methods for brewing local coffee and tea.	\$380.00	1 day (4 hours)	Contact Training Provider for more information	Extraordinary People Ltd	valerielim@extraordinarypeople.sg
4	<b>Artisanal Pour-over Coffee Training Course (Premium Edition)</b>	This programme aims to equip participants with the knowledge of coffee types, coffee extraction, and brewing pour-over coffee.  Participants will learn about the types of coffee, qualities of fresh coffee and coffee extraction methods. They will also learn to brew pour-over coffee.	\$780.00	1 day (8 hours)	Contact Training Provider for more information	Extraordinary People Ltd	valerielim@extraordinarypeople.sg
5	<b>Fundamental Pastry Preparation (Level 1)</b>	This programme aims to equip participants with the skills to bake pastry products. Trainees will also be required to demonstrate their understanding of the tools, equipment, ingredients, and techniques used during the process.	To be advised by Training Provider	24 hours	Contact Training Provider for more information	Ascendo Academy Pte Ltd	serene@ascendo.edu.sg
6	<b>Basic Pastry Preparation (Level 2)</b>	This programme aims to equip participants with the skills to bake basic pastry products.	To be advised by Training Provider	48 hours	Contact Training Provider for more information	Ascendo Academy Pte Ltd	serene@ascendo.edu.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
7	<b>Intermediate Pastry Preparation (Level 3)</b>	This programme aims to equip participants with the ability to prepare pastry products, that require some level of attention to details, and complex techniques. This would allow trainees to develop the technical and soft skills, which would enable them to perform their roles more effectively and efficiently. Trainees would also learn to adapt to the changing trends and appetites of local consumers, which brings about evolvments in the industry. The skills taught would also enable participants to enhance their skills, in preparation for mobility within the industry.	To be advised by Training Provider	86 hours	Contact Training Provider for more information	Ascendo Academy Pte Ltd	serene@ascendo.edu.sg
8	<b>Standard Japanese Cuisine Preparation (level 1)</b>	This programme aims to equip participants with the skills to prepare standard Japanese cuisine, that require high level of attention to details, and complex techniques. Trainees will acquire the technical and soft skills to perform thir roles effectively and efficiently. They will also learn to adapt to the changing trends and appetites of local consumers, which has led to evolvments in the industry. The skills taught will allow participants to remain mobile within the industry.	To be advised by Training Provider	41 hours	Contact Training Provider for more information	Ascendo Academy Pte Ltd	serene@ascendo.edu.sg
9	<b>Complex Japanese Cuisine (level 2)</b>	This programme aims to equip participants with the skills to prepare Japanese dishes such as mushimono, donburi, nabemono and complex sushi.	To be advised by Training Provider	41 hours	Contact Training Provider for more information	Ascendo Academy Pte Ltd	serene@ascendo.edu.sg
10	<b>Healthy Beverage Preparation</b>	This programme aims to equip participants with special needs basic skillset to prepare beverages.	\$80.00	2.5 hours (1 day)	Contact Training Provider for more information	SHATEC Institutes Pte Ltd	calicialim@shatec.sg
11	<b>Healthy Bento Preparation</b>	This programme aims to equip participants with the basic skillset to prepare bento meals.	\$875.00	21 hours (7 days)	Contact Training Provider for more information	SHATEC Institutes Pte Ltd	calicialim@shatec.sg
12	<b>Healthy Snack Preparation</b>	This programme aims to equip participants with special needs basic skillset to prepare nutritious snacks.	\$875.00	21 hours (7 days)	Contact Training Provider for more information	SHATEC Institutes Pte Ltd	calicialim@shatec.sg
<b>Healthcare</b>							
1	<b>Certificate in Autism (DAC)</b>	Participants will acquire skills that enable them to work more effectively with persons with autism. They will learn to translate theoretical frameworks into a practical model, that allows them to analyse the different needs of persons with autism, and design individualised methodology to teach these individuals.	\$2,575.00	46 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
2	<b>Sport Tapping</b>	Learn how to protect against injury. This process of applying tape on the skin to maintain a stable bone and muscles position during a sporting activity can help prevent injury and aid recovery from existing injury, particularly for the ankle, knee, finger, and thumb.	\$130.00	8 hours	Contact Training Provider for more information	ITE College East	STS2@ite.edu.sg
3	<b>Building Mental Resilience and Growth Mindset (Asynchronous E-Learning)</b>	Learn to reserve of mental resilience and one option is through self-learning.	\$650.00	24 hours	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
4	<b>Stress, Pain and Recovery</b>	This 2-day workshop will allow participants to explore the role and interaction of neural, immune and endocrine systems on pain and recovery.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
5	<b>Workshop: Evidence and Ethics in Health</b>	This workshop will provide participants with the skills to source and interpret research evidence to support their practice. The workshop will use the evidence based practice cycle to enable participants to review their practice and explore the research and ethical dimensions	To be advised by Training Provider	15 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
6	<b>Workshop: Implementation Science - The Healthcare Challenge</b>	This workshop will provide participants with an overview of the key features of implementation science. It will enable participants to review evidence for their practice and identify challenge and solutions to the implementation.	To be advised by Training Provider	1 day	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
7	<b>TCM: Understanding the Therapeutic Effects of Herbs</b>	Gain a basic understanding of your body constitution and learn general self-care practices based on Chinese culture and philosophy. Learn how common foods can act as herbal remedies that restore the body's balance.	\$22.00	2 hours	Contact Training Provider for more information	Singapore University of Social Sciences	activeageing@fycs.org nsa@c3a.org.sg
8	<b>Train Your Brain to Concentrate and Focus</b>	Understand the techniques that can help your brains to concentrate and focus to achieve active and meaningful life.	\$22.00	2 hours	Contact Training Provider for more information	Singapore University of Social Sciences	george.chan@frcs.sg nsa@c3a.org.sg
9	<b>Postgraduate Certificate in Dementia Studies</b>	Participants will acquire advanced understanding of multidisciplinary perspectives about dementia. As the training will be conducted in collaboration with the University of Stirling, lecturers will be flown into Singapore to provide face-to-face intensive lectures. Reflective practices will also be conducted in a dementia friendly nursing home which provides an authentic learning environment.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	CSM Academy International Pte Ltd	lynn@csmacademy.edu.sg
10	<b>Phlebotomy Short Course</b>	Participants will acquire the skills to handle patients safely, as well as to don and remove personal protective equipment. They will also learn to perform venepuncture and collect blood specimens correctly. Participants will also be taught to handle the specimens safely and document them.	\$749.00	3 days	Contact Training Provider for more information	CSM Academy International Pte Ltd	lynn@csmacademy.edu.sg
<b>Hotel &amp; Accomodation</b>							
1	<b>Revenue Optimisation and Ancillary Revenues for Service Industries</b>	This 2-day workshop seeks to apprise participants of the concept of revenue optimisation & ancillary revenues in the context of service industries to optimize business performance. The workshop will focus on identifying potentials, planning, implementing, and evaluating	To be advised by Training Provider	2 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg



## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Information and Communications</b>							
1	<b>Basic Presentation with Microsoft PowerPoint</b>	This workshop teaches learners basic digital presentation creation on Microsoft PowerPoint online. Learners will be equipped with the necessary technical presentation-making skills required the workplace. Learners will be tasked to create digital presentations based on different topics each week and difficulty will increase each week to grant learners the opportunity to practice and perform both new and old operational skills on the platform	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
2	<b>Basic Word Processing with Microsoft Word</b>	Microsoft Word is easy to use for document creation and word processing, You will learn the basics such as creating and saving documents, formatting text, inserting graphics and special characters, and organizing data in tables.	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
3	<b>Basic Spreadsheet with Microsoft Excel</b>	This course teaches participants about using excel to work with data, They will learn fundamental skills to build spreadsheets and use formulas and charts.	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
4	<b>Basic Game Development with Scratch</b>	Basic Game Development with Scratch, a block coding program, teaches learners theoretical knowledge and skills to design and program games, They will learn basic programming concepts and computational thinking skills to create and design a variety of game concepts and themes. These skills can help learners develop their creative thinking and attention to details in identifying the right coding commands and fixing coding errors	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
5	<b>Basic Coding with Micro:Bit</b>	This workshop teaches learners basic computational thinking of coding such as programming and development, data, and data representation using BBC Microbit device, Learners will learn an engaging computer science learning experiences that supports a progression path into the real-world programming such as programme a timing gate, guitar, steps counter and more!	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
6	<b>Basic 3D Modelling with Tinkercad</b>	Basic 3D Modelling with Tinkercad is an online course to provide learners with theoretical knowledge and skills set to design 3D models on a digital platform, Tinkercad. Learners will be taught on the process of designing their 3D models, and they will then create their 3D designs on Tinkercad.	\$691.54	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
7	<b>Urban Photography</b>	Participants will learn to operate a digital camera/DSLR effectively, basic photography techniques, and simple image editing skills to enhance photos. They will also acquire presentation skills, share and receive feedback from peers and instructors.	\$180.00	To be advised by Training Provider	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
8	<b>Enhancing Online Learning Engagement with ClassPoint (Certificate of Competencies)</b>	Learn skills and knowledge to create interactive online materials to engage learners using online learning engagement tool. Classpoint facilitate active participation and collaboration among learners.	\$214.00	16 hours	Contact Training Provider for more information	ITE College Central	STS2@ite.edu.sg
9	<b>e-Business Development &amp; Internet Marketing (Certificate of Competencies)</b>	Learn to harness the power of the Internet and web technologies to create successful online businesses.	\$440.00	18 hours	Contact Training Provider for more information	ITE College East	cet@ite.edu.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
10	SkillsFuture for Digital Workplace	understand job requirements in the future digital economy and learn how to work effectively in a tech-rich, data-rich environment.	\$960.00	12 days (24 hours)	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg
11	Digital Learning Beginner Workshop	Discover a new way of learning using digital tools and platform.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg
12	Jumpstart to Digital Media & Programming	learn key concepts in design principles, digital marketing, web programming, as well as search engine optimisation.	\$797.15	16 hours	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg
13	ICDL Word	Trainees will be equipped with skills on how to create, edit, and enhance standard business documents using Microsoft Word.	To be advised by Training Provider	35 hours	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
14	ICDL Excel	Trainees will be equipped with skills on how to use the basic features of a spreadsheet programme to perform various calculation skills.	To be advised by Training Provider	35 hours	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
15	ICDL Powerpoint	At the end of the course, the trainee should be able to use basic functions to create and manage output of a presentation	To be advised by Training Provider	35 hours	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
16	Getting Started with Swift Programming	This programme aims to equip participants with an understanding of the Swift programme, and basic programming concepts. Participants will also be able to create a simple game or app using Swift Playground.	\$1,000.00	4 days (28 hours)	Contact Training Provider for more information	Singapore Association Of The Visually Handicapped	caren.ho@savh.org.sg
17	Perform Image Editing Functions (Adobe Photoshop)	This programme aims to equip participants with skills to use image editing applications for image enhancements. They will also be taught to prepare images for printing and publishing.	To be advised by Training Provider	3 days (24 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg
18	ICDL - Perform Spreadsheet Functions (Excel 2019)	This programme aims to equip participants with skills to use a spreadsheet application.	To be advised by Training Provider	3 days (24 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg
19	ICDL - Perform Advanced Spreadsheet Functions (Advanced Excel 2019)	This programme aims to equip participants with advanced skills to use a spreadsheet application. These include maintaining complex spreadsheets, and using complicated functions, as well as auditing techniques to check for errors.	To be advised by Training Provider	3 days (24 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg
20	ICDL - Perform Presentation Functions (PowerPoint 2019)	This programme aims to equip participants with skills to use a presentation application.	To be advised by Training Provider	3 days (24 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg
21	ICDL - Perform Advanced Presentation Functions (Advanced PowerPoint 2016)	This programme aims to equip participants with advanced skills to use a presentation application. These include presentation planning and design considerations, and using advanced features to produce outputs of advanced level.	To be advised by Training Provider	3 days (24 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
22	<b>Perform Online Collaboration</b>	This programme aims to equip participants with the knowledge of key concepts, relating to online collaboration and cloud computing. They will also learn to set up accounts for online collaboration, and use online storage, as well as web-based productivity applications for collaboration.	To be advised by Training Provider	3 days (24 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg
23	<b>Facebook Marketing Essential</b>	This programme aims to equip participants with the skills to develop a Facebook marketing strategy, and understand insights reports. They will learn to create a Facebook page, and set up Facebook ad campaigns. Participants will also learn to set up a Facebook pixel to measure and optimise advertising campaigns, by customising their target audiences.	To be advised by Training Provider	2 days (8 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg
24	<b>WordPress Ecommerce Essential</b>	This programme aims to equip participants with the skills to understand the user experience components necessary for a WordPress store. They will also be taught to analyse the legal requirements and guidelines, as well as develop implementation plans, according to the WordPress store's marketing activities.	To be advised by Training Provider	2 days (8 hours)	Contact Training Provider for more information	Eagle Infotech Consultants Pte Ltd	liana@eagleinfotech.ed.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
25	<b>Performing Cloud-Accounting</b>	This programme will allow trainees to learn about cloud accounting, and how to use the systems effectively to process daily transactions. They will also learn to use business intelligence reports to make good decisions.	\$374.50	7 hours	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg
26	<b>Finance-Business Partnering with Data Visualisation</b>	This programme will allow trainees to apply key concepts and techniques in Tableau to build various visualisations, and combine them into dashboards. They will also be taught to analyse business performance using Tableau.	\$418.37	12 days (36 hours)	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg
27	<b>Strengthening Internal Controls with Analytics</b>	This programme will allow trainees to learn about internal control principles to embed basic internal controls and compliance checks, when processing transactions. They will also learn to use data analytics and visualisation tools, to assess accounting transactions and identify non-compliances.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg
28	<b>3D Creator: Create, Publish &amp; Share 3D Models Online</b>	<ul style="list-style-type: none"> <li>• Understand 3D modelling, printing, rendering, and publishing concepts</li> <li>• Using a 3D modeling workflow to create, print or share, or create, render, and share their 3D models</li> <li>• Use Tinkercad to create 3D models</li> <li>• Operate 3D printer and manage prints</li> <li>• Use Sketchfab to render, publish and share 3D models</li> </ul>	\$370.00	15 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
29	<b>Using Microsoft Excel for Personal Effectiveness</b>	Empower learners with practical skills to create and edit spreadsheet and implement simple formulas and charts to visualize and analyze data. Learn about data in everyday life	\$230.00	9 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
30	<b>Learn to Create Stock Video Footage</b>	Participants will be taught: <ul style="list-style-type: none"> <li>• how to use the basic functions of the camera</li> <li>• the basics of video editing, such as trimming, colour correction, and exporting</li> <li>• learn how to upload their footage into an online stock video platform for sale</li> </ul>	\$200.00	9 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Information and Communications</b>							
1	<b>Singapore Sign Language Training Programme (Level 1)</b>	Participants are able to carry out basic conversations in SgSL on everyday life, using simple sentence structures to share basic information, ask questions, or answer them.	To be advised by Training Provider	10 days (20 hours)	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
4	<b>Singapore Sign Language Course for Hard of Hearing</b>	This course aims to develop capabilities in nonverbal, visual-gestural communication as well as the study of gestures as a form of communication and visual language basics	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	The Singapore Association For The Deaf	James@sadeaf.org.sg
5	<b>Deaf Community, Culture &amp; Language (DCCL) &amp; Singapore Sign Language Level One</b>	The course allows participants to develop capabilities in basic non-verbal, visual-gestural communication at different competency level	\$180.00	9 days (13.5 hours)	Contact Training Provider for more information	The Singapore Association For The Deaf	james@sadeaf.org.sg
6	<b>Singapore Sign Language Level Two</b>	The course allows participants to develop capabilities in basic non-verbal, visual-gestural communication at different competency level	\$90.00	12 days (24 hours)	Contact Training Provider for more information	The Singapore Association For The Deaf	james@sadeaf.org.sg
7	<b>Singapore Sign Language Level Three</b>	The course allows participants to develop capabilities in basic non-verbal, visual-gestural communication at different competency level	To be advised by Training Provider	13 days (26 hours)	Contact Training Provider for more information	The Singapore Association For The Deaf	james@sadeaf.org.sg
8	<b>Singapore Sign Language Level Four</b>	The course allows participants to develop capabilities in basic non-verbal, visual-gestural communication at different competency level	To be advised by Training Provider	12 days (24 hours)	Contact Training Provider for more information	The Singapore Association For The Deaf	james@sadeaf.org.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Leadership and People Management</b>							
1	<b>Building Teams For Value Driven Delivery</b>	enhance participants' teamwork performance in delivering value driven development projects	\$192.60	1 day (4 hours)	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
<b>Personal Development</b>							
1	<b>Unleashing one's potential: Knowing my strengths, needs and challenges</b>	In this course, participants will learn more about themselves through the exploration of their unique profiles of strengths and challenges. In addition, participants will gain an understanding of how their unique profiles influence how they relate to others and to their environment. Participants will also be introduced to practical tools to begin their self-development journey.	\$462.24	16 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
2	<b>Effective time management - Prioritising and scheduling</b>	Programmes aim to teach PWDs to be more effective through time management and enhance personal productivity which will lead to better quality of life and enhance employability	\$462.24	16 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
3	<b>MindCognition Module</b>	Participants will learn basic calculations related to a sale, and also read simple words, instructions, as well as recipes.	\$480.00	12 days	Contact Training Provider for more information	Centre for Daily Living Skills Pte Ltd	admin@centrefordailylivingskills.com
4	<b>Mindfulness in DIY Hand Crème with Essential Oils</b>	Learn to make hand cream and blend with the essential oils to create scented creams using Mindfulness techniques.	\$90.50	3 hours	Contact Training Provider for more information	ITE College Central	STS2@ite.edu.sg
5	<b>The Bridge Programme</b>	The course will focus on: <ul style="list-style-type: none"> <li>• Academic Training – to build knowledge, literacy &amp; numeracy skills</li> <li>• Vocational Training – to identify and develop suitable technical skillsets</li> <li>• Life Skills Training – to build self-confidence, develop communication and social skills</li> <li>• Functional Skills Training – to build independence, e.g. mobility training and decision making</li> </ul>	\$1,841.32	72 days (286 hours)	Contact Training Provider for more information	Muscular Dystrophy Association (Singapore)	contact@mdas.org.sg
6	<b>Work Preparation Skill</b>	The course allows participants to acquire pre-employment, interpersonal, and life management skills, so that they are empowered for success. Job retention could also be promoted.	To be advised by Training Provider	24 days (36 hours)	Contact Training Provider for more information	MIJ Hub	changi@mijhub.com
7	<b>Basic Skill Inventory Methods and Process</b>	The course allows participants to learn to count inventory.	\$210.00	7 days (21 hours)	Contact Training Provider for more information	MIJ Hub	changi@mijhub.com

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
8	<b>Personal PowerUp Programme (PPP)</b>	At the end of the course, participants will be more self-aware (able to draw up one's own 'dashboard of life'), able to understand and accept one's own strengths and weaknesses and be able to confront challenges either as opportunities or threats, and be able to define an acceptable goal one sets for oneself and be able to outline the strategies needed to achieve the set goal	To be advised by Training Provider	12 days (24 hours)	Contact Training Provider for more information	Singapore Association Of The Visually Handicapped	careen.ho@savh.org.sg
9	<b>Connected Communities Services</b>	Participants will first be assessed on their developmental needs, via the Good Life framework. They are then matched to community resources, through the Asset Based Community Development approach, which will raise their quality of life. Through this process, participants will be better integrated into the community.	To be advised by Training Provider	4 days (24 hours)	Contact Training Provider for more information	Rainbow Centre	cynthialeee@rainbowcentre.org.sg
10	<b>Strategies for Promoting Mental Health and Well-being for Autistic Youths and Adults</b>	Participants will learn about their mental health and acquire tips on improving their mental well being.	\$100.00	2 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore)	lina.kam@autism.org.sg
11	<b>Special Life Skills ABA Programme</b>	Participants will be trained to perform basic functions such as executive functions, compliance and imitation skills. This allows them to be self-sufficient and independent, when left alone in a familiar environment.	\$480.00	12 days	Contact Training Provider for more information	Centre for Daily Living Skills Pte Ltd	admin@centrefordailylivingskills.com
12	<b>Speech-to-Text Interpreting Training Programme</b>	Participants will acquire cultural and technical knowledge to perform speech to text interpretation. They will also learn about the education journey and options available to the deaf community, as well as the range of access service options available. Participants can also understand shorthand theories, and develop their own personal dictionaries.	\$220.00	10 days (20 hours)	Contact Training Provider for more information	Equal Dreams	equaldreams.sg@gmail.com
13	<b>DSA Adult Enhancement Program (AEP)</b>	Participants will acquire independent living skills, which will enable them to be less dependent on their caregivers. This will also allow them to better realise their goals and aspirations in gaining greater self-independence.	To be advised by Training Provider	250 days	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
14	<b>DSA Independent Living and Training (ILT Centre)</b>	Participants will learn about workplace safety, as well as health policies and procedures. They will also be taught to use cleaning agents for different cleaning purposes and areas.	To be advised by Training Provider	250 days	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
15	<b>DSA Enrichment Program (Aikido)</b>	Participants will acquire physical strength, flexibility, concentration, self-defence skills, and Aikido breakfall techniques to cushion falls. They will also learn hand-eye coordination and balance to improve overall motor skills.	To be advised by Training Provider	40 sessions	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
16	<b>DSA Enrichment Programs (Zumba)</b>	Participants will be able to develop greater strength, endurance, balance and coordination. They will also be able to tone their muscles, and improve their self-confidence, while managing their anxiety and depression. Participants' overall health conditions can also be boosted.	To be advised by Training Provider	40 sessions	Contact Training Provider for more information	Down Syndrome Association (Singapore)	amelia@downsyndrome-singapore.org
17	<b>BE. Extraordinary</b>	This programme aims to equip participants with the skills to develop their self-confidence through movement, meditation, art, breathword, and self-inquiry. The activities will support participants in regulating their nervous systems, expressing their emotions, and accepting themselves and their peers. Through application of the self-awareness, participants will also be taught to communicate, set boundaries and live more purposefully.	\$680.00	6 days (12 hours)	Contact Training Provider for more information	Extraordinary People Ltd	valerielim@extraordinarypeople.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
18	<b>My Day Out!</b>	This programme introduces participants with autism or intellectual disability to the purpose of money, and their different forms. They will also learn about the value of money through transactions made, as well as differentiate between needs and wants. Participants will also learn to prepare for outings, and use EZ-link cards to take public transports.	\$400.00	8 days (16 hours)	Contact Training Provider for more information	SpedGrow Pte Ltd	zoe.poh@spedgrow.com
19	<b>I Will Have A Job</b>	This programme teaches participants with autism the relationship between careers and income. They will also be exposed to different jobs, descriptions, and responsibilities. Participants will be introduced to different job search channels, the job application process, as well as the preparation required before an interview.	\$360.00	12 hours	Contact Training Provider for more information	SpedGrow Pte Ltd	zoe.poh@spedgrow.com
20	<b>My First Budget</b>	This programme teaches participants with autism or intellectual disability the importance of money, and how to kickstart their savings journey. They will also learn to manage budgets.	\$350.00	14 hours	Contact Training Provider for more information	SpedGrow Pte Ltd	zoe.poh@spedgrow.com
21	<b>Social Group</b>	Trainees will be able to develop their social emotional and communication skills. Through role plays and games, trainees will also get to practise the social skills taught.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Click Pte Ltd	admin@clicksped.sg
22	<b>Workplace Etiquette: How to Sustain in the Job</b>	This programme aims to equip participants with the do's and don'ts at the workplace. It also looks at the importance of workplace etiquette and rules.	\$107.00	4 hours	Contact Training Provider for more information	Singapore Institute of Hospitality	Juliana.soh@sih.edu.sg
23	<b>Acing that Interview</b>	The programme aims to equip participants with different types of social skills and how to apply them at workplace and at social gatherings. It also covers the do's and don't's of social skills.	\$107.00	4 hours	Contact Training Provider for more information	Singapore Institute of Hospitality	Juliana.soh@sih.edu.sg
23	<b>Acing that Interview</b>	The programme aims to equip participants with different types of social skills and how to apply them at workplace and at social gatherings. It also covers the do's and don't's of social skills.	\$107.00	4 hours	Contact Training Provider for more information	Singapore Institute of Hospitality	Juliana.soh@sih.edu.sg
<b>Personal Services</b>							
1	<b>Personal Grooming Workshop</b>	This programme aims to equip participants with special needs basic grooming and hygiene knowledge, skincare skillset and dressing for confidence.	\$192.60	4 hours	Contact Training Provider for more information	SHATEC Institutes Pte Ltd	calicialim@shatec.sg



## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
2	<b>Basic Make Up Workshop</b>	This programme aims to equip participants with special needs basic make-up skills and knowledge.	\$192.60	4 hours	Contact Training Provider for more information	SHATEC Institutes Pte Ltd	calicialim@shatec.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Productivity and Innovation</b>							
1	<b>Critical soft skills for employment</b>	This workshop is targeted at young adults on the autism spectrum who are starting work and need to know about basic soft skills needed for employment.	\$687.75	21 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore) (ARC)	lina.kam@autism.org.sg
2	<b>Effective Presentation Skills at Work</b>	Participants will learn effective presentation skills such as vocal skills, visual skills, story telling skills and how best to handle audience to become a more confident presenter	\$230.00	7 hours	Contact Training Provider for more information	Autism Resource Centre (Singapore) (ARC)	lina.kam@autism.org.sg
3	<b>Train2Work</b>	Train2Work is a work training programme that equips individuals with special needs with vocational and employability skills. It aims to provide continuous, meaningful and individualized employability training for youths and adults with Autism.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Click Pte Ltd	admin@clicksped.sg
4	<b>Tele-Care Agent Training (Call Centre Based)</b>	In the course of the training, the individual will learn to be competent Tele Care Agent (with the aid of Assistive Device/Technology), able to carry out Tele Care assignments and tasks as required by their employers. (This includes customer service management, trouble shooting and problem-solving skills)	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Singapore Association Of The Visually Handicapped	caren.ho@savh.org.sg
5	<b>Telephone Skills Training</b>	Trainees will be equipped with basic telephone etiquette and maintaining professionalism in handling their enquiries.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
6	<b>Communications Skills (Online Digital Skills)</b>	Trainees will be equipped with online communication skills to prepare them on maintaining professionalism in handling their enquiries.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
7	<b>Skills Enabling Training (SET)</b>	Trainees will be equipped with skills that is relevant to workplace communication including how to manage potential conflicts between colleagues. They will learn how to manage personal goals in their career development.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg
8	<b>ESP Employability Training</b>	Trainees will be equipped with skills that will prepare them for interviews with potential employers and soft skills for employment.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	SPD	nur_hidayah@spd.org.sg

## Training Programme Information

Funded under Temasek Trust-CDC Lifelong Learning Enabling Fund

S/No	Programme Title	Programme Details	Nett Fee (payable by Trainees)	Duration	Training Venue	Training Provider	Training Provider's Contact
<b>Service Excellence</b>							
1	<b>Optimising Revenues and Winning Customers with Service Excellence and Customer Delight</b>	This training is designed for staff at a managerial and supervisory level to learn how to deliver profitable service at consistently high quality levels and up to the standards of the given brand, and to apply techniques to take care of customers and achieve the so-called WOW factor to exceed customer expectations	To be advised by Training Provider	2 days	Contact Training Provider for more information	Singapore Institute of Technology	SITLEARN@SingaporeTech.edu.sg
<b>Workplace Safety and Health</b>							
1	<b>Kitchen Assistant Programme</b>	Participants will be trained in personal hygiene and safety in the kitchen. They will also learn basic food handling, preparation and storage.	\$107.00	1 day (4 hours)	Contact Training Provider for more information	Singapore Institute of Hospitality (SIH)	Juliana.soh@sih.edu.sg
2	<b>Certificate in Environment Cleaning in Healthcare Industry</b>	Participants will learn about workplace safety, as well as health policies and procedures. They will also be taught to use cleaning agents for different cleaning purposes and areas.	\$535.00	3 days	Contact Training Provider for more information	CSM Academy International	lynn@csmacademy.edu.sg
3	<b>Fire Safety Manager</b>	This programme will equip trainees with the skills to undertake the role of a fire safety manager. These include the requirements and regulations to conduct fire safety activities and fire prevention measures, to promote fire safety awareness among building occupants. The exercises also ensure that fire safety standards are maintained in the building.	To be advised by Training Provider	To be advised by Training Provider	Contact Training Provider for more information	Ngee Ann Polytechnic	enquiryCET@np.edu.sg